



St Andrew's C of E Primary School

# School Sports and Physical Education Policy

**Approved by:**H.Griffiths

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**Last reviewed on:**  
September 2022

**Next review due by:**  
September 2024

## **Subject Statement**

### **Intent**

St. Andrew's hopes to encourage all children to develop positive attitudes to PE and sport, improve health and well-being, cater for all abilities, allow every child to fulfil their potential, encourage lifelong participation, and provide competitive activities. In PE, we aim to do the following:

- engage all pupils in regular physical activity in line with the recommendations from Youth Sport Trust and government guidelines, striving for our children to be active for 30 minutes a day in addition to their two timetabled PE lessons
- increase participation in competitive sport
- provide opportunities for children to participate in a broad range of physical activities, providing variety and an introduction to as many sports and activities as possible
- develop the children's fundamental movement skills, enabling lifelong participation in physical activity
- develop multi-ability skills through PE, enabling the children to use and develop cognitive, personal, social, creative and physical skills through physical activity
- encourage all children to achieve their personal best.

At St Andrew's, we plan for further enrichment opportunities to enhance learning through visitors, visits and resources loaned from local libraries and museums. Our staff are incredibly enthusiastic about the teaching of PE and this can be seen in the classroom.

As a school, we are constantly developing our enquiry skills in line with the National Curriculum (2014), the curriculum at St Andrew's aims to ensure that all pupils:

### **Key stage 1**

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns

## **Key stage 2**

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best

## **Swimming and water safety**

All schools must provide swimming instruction either in key stage 1 or key stage 2.

In particular, pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations

## **Implementation**

St Andrew's has a curriculum map which sets out when Real PE units are covered and which sports are introduced. Sports are taught during their season so that they can directly link to clubs and competitive opportunities.

The language of 'personal best' is used so that all children can achieve in a lesson no matter what level of physical skills that they have.

Organisation: PE is taught through two lessons weekly lessons, one Real PE lesson with the class teachers and one sports specific lesson with a team of specialist coaches, during PPA. Real PE ensure fundamental movement skills are taught via non-traditional games and activities which enable all abilities to take part in lessons on a level playing field. Sports specific lessons with coaches use the Real PE approach and language and encourage children to apply the skills in a range of activities, including but not exclusively restricted to Dance, Gym, Tag Rugby, Netball, Hockey, Cricket, athletics, swimming, tennis, health & fitness.

School Sports Premium: The School sports premium is used to improve the provision of PE at Holt Farm in a number of ways, adding additional specialist coaching staff to support

lessons, run practices and prepare for events, along with running lunchtime clubs and afterschool clubs, and CPD for staff.

Extra-curricular: St Andrew's School provides a wide range of after school clubs and early morning sports clubs. They are open to all children and clubs are often oversubscribed. These provide opportunities for the children to participate in a range of activities and develop their skills further. Pupil Premium children may access one club every half term without any cost implications.

Competition: All children have the opportunity to take part in competitive sport through our competition schedule. We run inter house competitions during PE lessons along with a 'personal best challenge' where everyone has the chance to beat their own scores as well as being competitive against others. As a school, we subscribe to the OCRA School Sport Partnership, which provides many additional opportunities for our children; we partake in numerous competitions, leagues and festivals against other schools via this partnership (known as level 2 competitions).

Pupil Voice: The school Sports Council assists in shaping PE and has helped plan inter house competitions such as Sports Day, dodgeball and events to raise money for charities.

### **Impact**

- Pupils will enjoy being active and be keen to take part in lessons
- The profile and expectations of PE and school sport will continue to be high
- Teams will continue to perform well at Level 2 events
- Pupils will be eager to represent the school at events and competition for team places will remain high.
- Pupils fundamental movement skills will continue to improve with more confident and physically skilled pupils overall
- After school clubs will remain popular and oversubscribed meaning children are keen to continue refining skills and have developed an enjoyment for being active.
- St Andrew's will maintain the School Games Mark of Platinum for its commitment to PE and school sport.
- St Andrew's will continue to make good use of the School Sports Premium and use it to raise the profile and provision of PE.

Further details of the impact of the school sports premium and School Games Mark can be found on the school website.

### **Assessment**

Teachers and coaching staff use their professional judgement to observe children over the period of a term. They use Real PE assessment strands, which include demonstrating fundamental movements in isolation and also applying to sports and physical activities, to make a judgement based within age-related expectations, above or below at the end of each half-term. An arching overview assessment is given for units at the end of each half term.



### **Planning and Organisation**

At St. Andrew's, PE planning utilises the Jasmine Real PE units of work which focus on progression of fundamental skills.

Planning format:

- Long term plan: This maps the topics studied by each year group to ensure coverage and progression.
- Medium-term plans: An overview of curriculum coverage, progression, assessment opportunities, competitive competition and coaching opportunities.

### **EYFS**

Early years explore themes and content through the Understanding of the World strand of the EYFS curriculum. This involves guiding children to make sense of their physical world and their community through opportunities to explore, observe and find out about people, places and time. Physical activity and physical development are an integral part of the EYFS curriculum.

### **Equal Opportunities**

At St. Andrew's Primary school, we are committed to providing a teaching environment which ensures all children are provided with the same learning opportunities regardless of social class, gender, culture, race, special educational need or disability.

Teachers use a range of strategies to ensure inclusion and also to maintain a positive ethos where children demonstrate positive attitudes towards others. Support for specific individuals is well considered and planned for, with consideration given to how greater depth and further challenge can be provided for and demonstrated by children who require further challenge.

## **Inclusion**

All pupils are entitled to access the PE curriculum. To ensure inclusion, teachers use a range of strategies in line with the school's inclusion. All aspects of teaching and learning are well-adapted to ensure full accessibility, as well as to provide appropriate challenge.

The school makes full use of additional adults who are deployed effectively to ensure that identified children are able to make progress in each curriculum area.

Opportunities for enrichment are also fully utilised, to ensure a fully inclusive and engaging PE curriculum and this is supported through a number of links with places of historical interest in the immediate and wider locality.

## **Role of the Subject Leader**

The subject leader's responsibilities are:

- To ensure a high profile of the subject.
- To ensure a full range of relevant and effective resources are available to inspire pupils and enhance and support learning.
- To ensure progression of the key knowledge and skills identified within each unit and that these are integral to the programme of study and secure at the end of each age phase.
- To monitor ensure that key knowledge is evidenced in outcomes, alongside and as supported, by SLT.
- To monitor planning and oversee the teaching of PE.
- To lead further improvement in and development of the subject as informed by effective subject overview.
- To ensure that the PE curriculum has a positive effect on all pupils, including their mental health and well-being and to include those who are disadvantaged or have low attainment.
- To ensure that approaches are informed by and in line with current identified good practice and pedagogy.
- To ensure high quality core texts are used in reading across the school which inspire children to lead healthy lifestyles, engage in a range of sports and activities and educate about sports and role models in sports.
- Mr Justin Jones (Assistant Headteacher and PE Lead) has overall responsibility for everything relating to PE, Physical Activity, Sport and the development, monitoring and review of the provision of PE and Physical Activity.
- Staff who teach or support in PE should be aware of this Policy and consider how they can support it and staff who provide PE and physical activity should ensure that safe and effective procedures are adopted in all physical activities at all times.

## **Parents, Carers & Community**

We actively encourage the involvement of families and the wider community to help support and promote the teaching of PE, sport, healthy lifestyle and physical activities. Local sports competitions and extra-curricular clubs play an important part of the PE curriculum at St. Andrew's and where possible we try to build strong links with parents, carers and the local community.